

Clinical Profile

Marco Hernandez
PT, DPT, OCS, SCS, CSCS



SPORTS PLUS
— PHYSICAL THERAPY —

ABOUT

Marco blends experience, compassion, and cutting-edge treatments to help his clients feel better and achieve their goals. Marco was born and raised in El Paso, Texas where he developed a passion for sports and fitness while growing up playing football and basketball. He further grew this passion while working at gyms and golf facilities during college. He moved to Las Vegas in 2015 and now has over 7 years of clinical experience. Marco is one of the few therapists in the state to hold multiple board certifications, demonstrating proficiency in both orthopedic and sports physical therapy.



Physical Therapy Services Offered

- Orthopedic and Sports Specific Rehabilitation
- Pre & Post-Surgical Conditions
- Total Joint Recovery
- Personal & Auto Injury
- Blood Flow Restriction Training
- Dry Needling
- IASTM & Cupping
- Advanced Manual Therapy & Spinal Manipulation
- Injury Prevention, Strength & Conditioning Programs
- Back/Core Stabilization Programs
- Golf Specific Assessment and Treatment
- Performing Arts/Dance Specific Programs

Education and Certifications

- **Bachelors of Science in Kinesiology**
University of Texas at El Paso
- **Doctorate in Physical Therapy**
University of Texas Medical Branch
- **Board Certified Clinical Specialist in Orthopedic and Sports Physical Therapy**
- **NSCA Certified Strength and Conditioning Specialist**
- **Titleist Performance Institute Certified Golf Fitness Instructor**
- **Blood Flow Restriction Certified**

Marco graduated with his physical therapy degree from the University of Texas Medical Branch in 2014. He then completed a 1 year orthopedic residency program at the same institution to further develop his clinical reasoning and manual therapy skills. Marco has worked at multiple outpatient clinics throughout Texas and Nevada. He has worked with numerous professional and collegiate athletes, sports tournaments, and entertainment venues. In his spare time Marco enjoys weightlifting, watching sports, and playing golf.

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